

THE VIRTUE OF *Humility*

Humility is the art of putting yourself last, in order to value the will of God, the needs of your teachers, and the gifts of others. When you put **J**esus 1st and **O**thers before **Y**ourself Last, you find joy.

The Latin term "humilis" has roots in the Latin word "humus" (soil, earth) to indicate both our origin and our potential. We were made from dust, yet we are also capable of bearing good fruit from rich material made in God's image and likeness.

3 TRUTHS ABOUT HUMILITY

Humility does not mean putting yourself down or being a "doormat" to others, rather:

- **Humble souls have confidence** because they see how the Lord values them.
- **Humility is attractive** because self-centered people are off-putting.
- **Humble people are not trying to appear humble** because they are too busy focusing on doing what is pleasing to the Lord and necessary for others.

THE MOTHER OF ALL VIRTUE

Mother Teresa once said: "If you are humble nothing will touch you, neither praise nor disgrace, because you know what you are. If you are blamed you will not be discouraged. If they call you a saint you will not put yourself on a pedestal." She referred to herself as a **little pencil** in the hand of God, writing a love letter to the world.

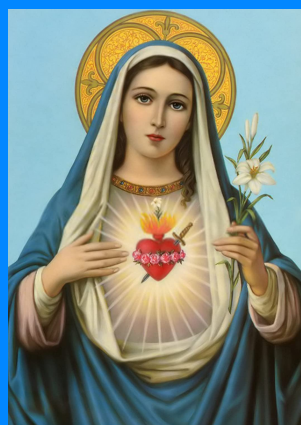


THE WAY OF OUR MOTHER

Marian Humility is expressed by our Mother Mary when she replied to the angel, "Be it done unto me according to Thy Word!"...even if she didn't fully understand how. "Mary was the first person to take the 'way' to enter the Kingdom of God that Christ opened, a way which is accessible to the **humble**, to all who trust in the word of God and endeavor to put it into practice."
– Pope Benedict XVI
Everything in Mary's life points us to her Son, which is precisely what we are called to do for those around us as Saints in the making.

HAPPY BIRTHDAY MA!

September 8th falls nine months after the Immaculate Conception of Mary in her mother's womb, just as the Nativity (birth) of Jesus happens nine months after the Annunciation on March 25, and the latter birth wouldn't have happened without the former.



POINTS OF INTEREST

- + Our Lady of Sorrows we will honor on September 15, after the Exaltation of the Cross on the 14th.
- +Books about Humility include: *Sarah, Plain and Tall* or *Winnie the Pooh* or *Emperor's New Clothes*
- +To honor their patron saint this month, we are collecting donations for the St. Vincent de Paul pantry.

INFORMATION SOURCES

- <https://www.ncregister.com/blog/mother-teresas-15-tips-to-help-you-become-more-humble>, with Fr. Jared Johnson of Bismarck
- <https://epicpew.com/8-saint-quotes-that-honor-the-nativity-of-the-blessed-virgin-mary/>
- <https://meaningfulmama.com/books-humility-kids.html>